**哈工大首届云运会报名单**

参赛单位： 组别：教工中年女子组

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| --- | --- | --- | --- | --- | --- | --- |
| 姓名 | 参赛项目 | | | | | |
| 1分钟四足俯卧撑 | 1分钟  开合跳 | 1分钟深蹲 | 1分钟跳绳 | 1分钟  仰卧起坐 | 1分钟  俯卧撑 |
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